



Early-life trauma endophenotypes and brain circuit–gene expression relationships in functional neurological (conversion) disorder

Ibai Diez^{1,2,3,4} · Anna G. Larson¹ · Vihang Nakhate¹ · Erin C. Dunn⁵ · Gregory L. Fricchione⁶ · Timothy R. Nicholson⁷ · Jorge Sepulcre^{2,3} · David L. Perez^{1,2}

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Abstract

Functional neurological (conversion) disorder (FND) is a neuropsychiatric condition whereby individuals present with sensorimotor symptoms incompatible with other neurological disorders. Early-life maltreatment (ELM) is a risk factor for developing FND, yet few studies have investigated brain network–trauma relationships in this population. In this neuroimaging–gene expression study, we used two graph theory approaches to elucidate ELM subtype effects on resting-state functional connectivity architecture in 30 patients with motor FND. Twenty-one individuals with comparable depression, anxiety, and ELM scores were used as psychiatric controls. Thereafter, we compared trauma endophenotypes in FND with regional differences in transcriptional gene expression as measured by the Allen Human Brain Atlas (AHBA). In FND patients only, we found that early-life physical abuse severity, and to a lesser extent physical neglect, correlated with corticolimbic weighted-degree functional connectivity. Connectivity profiles influenced by physical abuse occurred in limbic (amygdalar–hippocampal), paralimbic (cingulo-insular and ventromedial prefrontal), and cognitive control (ventrolateral prefrontal) areas, as well as in sensorimotor and visual cortices. These findings held adjusting for individual differences in depression/anxiety, PTSD, and motor phenotypes. In FND, physical abuse also correlated with amygdala and insula coupling to motor cortices. In exploratory analyses, physical abuse correlated connectivity maps overlapped with the AHBA spatial expression of three gene clusters: (i) *neuronal morphogenesis* and *synaptic transmission* genes in limbic/paralimbic areas; (ii) *locomotory behavior* and *neuronal generation* genes in left-lateralized structures; and (iii) *nervous system development* and *cell motility* genes in right-lateralized structures. These circuit-specific architectural profiles related to individual differences in childhood physical abuse burden advance our understanding of the pathophysiology of FND.

These authors contributed equally: Ibai Diez, Anna G. Larson

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✉ David L. Perez
dlperez@nmr.mgh.harvard.edu

- ¹ Functional Neurology Research Group, Departments of Neurology and Psychiatry, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA
- ² Athinoula A. Martinos Center for Biomedical Imaging, Massachusetts General Hospital, Harvard Medical School, Charlestown, MA, USA
- ³ Gordon Center for Medical Imaging, Department of Radiology, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA

Introduction

Functional neurological (conversion) disorder (FND) is a prevalent and disabling condition at the intersection of psychiatry and neurology whereby individuals exhibit sensorimotor symptoms incompatible with other neurological

- ⁴ Neurotechnology Laboratory, Tecnalia Health Department, Derio, Spain
- ⁵ Psychiatric and Neurodevelopmental Genetics Unit, Center for Genomic Medicine, Massachusetts General Hospital, Boston, MA, USA
- ⁶ Benson-Henry Institute for Mind Body Medicine, Department of Psychiatry, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA
- ⁷ Section of Cognitive Neuropsychiatry, Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, UK

disorders [1]. While Briquet, Charcot, Freud, Janet, and other notable clinicians studied FND, or hysteria as it was then known, this condition has until recently been neglected by researchers [2]. Adverse life events played a central role in early etiological theories for FND, and evidence supports a high incidence of early-life maltreatment (ELM) in this population [3, 4]. In early conceptualizations, FND was also closely intertwined with shellshock and the war neuroses [5]. While the need for an antecedent stressor was removed from the Diagnostic and Statistical Manual of Mental Disorders 5th Edition (DSM-5) criteria for FND [6], modern-day conceptual models continue to posit that ELM is an important predisposing vulnerability within a stress–diathesis framework [7, 8]. Neuroimaging approaches now offer the opportunity to clarify the biological importance of ELM in FND by examining its relationship to brain network architecture.

Interestingly, several brain areas implicated in the pathophysiology of FND also exhibit neuroplastic changes in the context of ELM in nonclinical populations [9]. Emerging neurobiological themes identified in the FND literature using functional magnetic resonance imaging (fMRI) include: (1) amygdalar hyperreactivity to affectively valenced stimuli [10–14]; (2) increased amygdalar and cingulo-insular connectivity to motor pathways [10, 12, 15–19]; (3) altered motor/premotor activity during motor task performance [20–22]; and (4) hypoactivation and abnormal connectivity of the right temporoparietal junction (TPJ) [23–25]. In non-clinical populations with ELM, large sample studies and meta-analyses have characterized biased amygdalar responses to emotionally-valenced stimuli [26, 27], as well as altered amygdalar connectivity to motor control, paralimbic, and limbic areas [28–32]. Resting-state fMRI studies in traumatized populations show that the prefrontal cortex, insula, cingulate, precuneus, temporal pole, and striatum contributions to network architecture are altered in maltreated individuals [33]. Furthermore, ELM subtypes may have specific biological consequences [9]. In FND, one study showed that patients who experienced childhood emotional abuse exhibited increased right TPJ–left insula functional connectivity [25]. The magnitude of early-life physical and sexual abuse has been linked to functional neurological symptom severity, supporting the relevance of ELM subtypes in FND [34, 35].

Graph-theory neuroimaging approaches enable the *in vivo* characterization of brain networks [36]. Weighted-degree fMRI provides a measure of centrality, quantifying the overall influence of discrete nodes in the network architecture of the brain. Complementary link-level analyses characterize connectivity strength relationships across brain areas. Excitingly, recently constructed brain-wide gene expression atlases such as the Allen Human Brain Atlas (AHBA) allow for the examination of relationships between distinct neuroimaging endophenotypes and the spatial gene expression patterns in the brain [37, 38]. Our

laboratory and others have combined fMRI and gene expression data to characterize novel insights, such as the role of the cAMP response element binding protein guiding neuroplasticity in blind individuals [39] and molecular mechanisms underlying individual differences in network connectivity [40]. Of relevance to FND and trauma-related disorders, several candidate genes have been implicated through human and animal studies as possibly moderating the effects of ELM on later-life psychopathology, including brain-derived neurotrophic factor (BDNF), FK506-binding protein 51 (FKBP5), and corticotropin-releasing hormone receptor type I (CRHR1) among others [7, 41]. Notably, these genes are implicated in neuroplasticity and stress response systems. To date, little is known regarding relationships between ELM endophenotypes and regional differences in the gene expression profiles across the human brain.

In this study, we investigated neuroimaging endophenotypes linked to ELM subtypes in 30 patients with FND using two graph-theory network approaches (weighted-degree and link-level resting-state functional connectivity analyses). Twenty-one individuals with comparable depression, anxiety, and childhood trauma scores were used as psychiatric controls to aid the interpretation of brain–trauma relationships in the FND cohort. In exploratory analyses, we also characterized the association between network consequences of ELM in patients with FND and regional differences in gene expression as measured by the AHBA to identify candidate molecules that may be important in promoting the development of FND. Given the role of the salience network in the pathophysiology of FND and the literature linking trauma subtypes to symptom severity [8, 34, 35, 42], we hypothesized that physical and sexual abuse burden in patients with FND would correlate with amygdalar and cingulo-insular functional reorganization and enhanced motor–limbic/paralimbic connectivity. We also hypothesized that the spatial expression of genes implicated in moderating the effects of ELM on later-life psychopathology would overlap with brain areas exhibiting childhood adversity correlated architectural reorganization in FND patients.

Methods

FND cohort and fMRI preprocessing are as previously described [19].

Participants and questionnaires

All participants signed informed consent and the Partners Human Research Committee approved this study. Thirty individuals with motor FND (24 women, 6 men; mean

age = 40.1 ± 12.9 ; average illness duration = 3.0 ± 3.8 years) were recruited from the Massachusetts General Hospital FND Clinic following a “rule-in” FND diagnosis consistent with DSM-5 criteria [6]. Given the overlap across the motor FND spectrum [43], we used a transdiagnostic approach that included clinically-established functional movement disorders ($n = 16$), functional weakness ($n = 12$), and documented ($n = 12$) or clinically-established ($n = 1$) psychogenic nonepileptic seizures (PNES). Ten of the 30 subjects had mixed motor FND. Exclusion criteria included major neurological comorbidities with MRI abnormalities, epilepsy, poorly controlled medical problems with known central nervous system consequences, active substance dependence, a history of mania or psychosis, and/or active suicidality. Comorbid psychiatric diagnoses as assessed using the Structured Clinical Interview (SCID-I) for DSM-IV-TR were present in 27 of 30 participants. Fourteen patients were on selective serotonin reuptake inhibitors (SSRIs) and/or serotonin–norepinephrine reuptake inhibitors (SNRIs). As a psychiatric control group, 21 patients with clinical depression histories (17 women, 4 men; mean age = 39.7 ± 14.3 ; lifetime depression diagnoses based on SCID-I DSM-IV-TR included: $n = 15$, major depression; $n = 4$, depression not-otherwise-specified; $n = 1$, minor depressive episode; and $n = 1$, bipolar disorder II with depression predominant episodes) were recruited through local advertisements. All psychiatric controls reported no history of major neurological comorbidities (including FND) nor poorly controlled medical problems with known central nervous system consequences. See Supplementary Tables 1 and 2 for additional clinical information for all participants.

As the ELM measure-of-interest, all participants completed the 28-item Childhood Trauma Questionnaire (CTQ) [44]. The CTQ is a self-report scale of childhood/adolescent maltreatment that can be subdivided into five trauma subtypes: physical, sexual, emotional abuse, and physical and emotional neglect; subscale scores range from 5 (no trauma) to 25. Participants also completed the Beck Depression Inventory-II, Spielberger State-Trait Anxiety Inventory (STAI), and the post-traumatic stress disorder checklist for DSM-5 (PCL-5) [45].

MRI data acquisition and preprocessing

See Supplementary Methods for acquisition and preprocessing procedures including scrubbing head motion correction.

Weighted-degree functional connectivity analysis

To evaluate the importance of each voxel in the overall functional brain architecture of each individual,

voxel-level weighted-degree values were computed. First, Pearson correlation coefficients were used to compute the functional connectivity matrices of each subject using the time series of all pairs of cortical–subcortical gray matter voxels. A Fisher transformation was applied to the resulting correlation matrix and negative values were removed due to their controversial interpretation [46]. To reduce noise, we considered only the most significant links using a false discovery rate (FDR) multiple comparison correction at q -level < 0.0001 . After obtaining a high-resolution 5142×5142 connectivity matrix for each subject, we summed all the connections of each voxel to generate a weighted-degree map showing the extent to which each voxel is functionally connected to the rest of the brain.

In patients with FND, within-group general linear models correlated weighted-degree maps with the five CTQ subscales, adjusting for age, gender, and SSRI/SNRI use (yes/no). To ensure that results were not overly influenced by single-subject values, a leave-one-out approach was used in which voxel-wise outliers were identified using the three interquartile distance from the median value. If an outlier was present, we updated the t -statistic for a given voxel with the value obtained by performing the same analysis removing the outlier subject. Whole-brain correction for multiple comparisons was computed using Monte Carlo simulation with 10,000 iterations to estimate the probability of false positive clusters with a two-tailed p value < 0.05 (3dClustSim, afni.nimh.nih.gov). Post hoc analyses evaluated if statistically significant within-group findings held adjusting for baseline: (1) mood and anxiety symptoms (BDI-II and STAI-total scores); (2) PCL-5 total scores; and (3) motor FND subtypes (PNES, functional movement disorders and functional weakness). In addition, for analyses that identified a statistically significant association between CTQ subscale scores and weighted-degree connectivity maps in patients with FND (i.e., for physical abuse and physical neglect, see results), we evaluated the same relationships in psychiatric controls to help determine the potential specificity of these findings.

Link-level functional connectivity strength analysis

For CTQ subtypes that influenced the overall functional brain architecture in the FND cohort as measured by weighted degree, we subsequently evaluated if these trauma subtypes correlated with link-level connectivity strength values across brain areas. To evaluate link-level functional connectivity strength, we used the previously computed FDR-corrected correlation matrices.

Within-group general linear models in patients with FND correlated link-level functional connectivity strength with

either CTQ-physical abuse or physical neglect scores adjusting for age, gender, and SSRI/SNRI use. Again, a leave-one-out approach was used to ensure that results were not overly influenced by single-subject values. Whole-brain correction for multiple comparisons was computed adapting the Monte Carlo simulation method to networks. Ten thousand random networks were generated with the same smoothing properties, to compute a false positive cluster size with a two-tailed p value < 0.0005 . Compared with weighted-degree maps where clusters were defined as contiguous voxels, here clusters were defined as links that connect contiguous voxel groups. Afterwards, we reduced the dimensionality of the surviving links for visualization purposes. The statistically significant links in the 5142×5142 matrix were projected onto a connectogram using NeuroMARVL. We specifically tested the hypothesis that ELM subtypes would positively correlate with connectivity strength across motor control and salience networks (insula, anterior cingulate cortex (ACC), and amygdala) [42]. Post hoc analyses evaluated if statistically significant findings held adjusting for baseline: (1) BDI-II and STAI-total scores; (2) PCL-5 total scores; and (3) motor FND subtypes. In addition, the same link-level analyses were performed in psychiatric controls to evaluate the specificity of statistically-significant CTQ subtype findings in patients with FND.

Relationship between the spatial distribution of gene expression and trauma-subtype weighted-degree maps

To investigate spatial similarities between regional gene expression profiles and brain areas showing functional reorganization in the context of ELM in patients with FND, we used the statistically significant physical abuse correlated weighted-degree t-statistic maps and microarray gene expression data from the AHBA [47]. (Note: given that weighted-degree results were similar for both physical abuse and physical (though less robust for physical neglect, see results), this exploratory analysis only used the physical abuse weighed-degree maps to limit multiple comparisons). The AHBA is the only publicly available database that provides whole-brain, high-resolution genome-wide expression values for six human subjects, quantifying more than 20,000 genes in 3702 samples spatially distributed throughout the brain [47]. This database includes MRI images and the coordinates where samples were extracted.

Consistent with recommendations [38], brain maps representing the spatial distribution of each gene were created by using the data of the six donors and performing the following steps: (i) for each gene, expression values from multiple probes were averaged; (ii) each sample was

associated with an anatomical label using the 68 cortical regions defined by the Desikan atlas [48], 16 subcortical regions of the *FreeSurfer* segmentation, and the 7T probabilistic map of the periaqueductal gray [49]; (iii) for each subject, we computed the median of gene expressions of all the samples within the same region; (iv) thereafter, we computed the median gene expression value of each brain area between the six donors with data resampled to follow a gaussian distribution. Pearson correlation assessed the spatial similarity value of each gene with the weighted-degree maps related to the magnitude of previously experienced physical abuse. To compute this similarity value, we used the t-statistic map of the association between weighted-degree and physical abuse scores projected to the 85 regions described above and correlated this with the expression of genes available in AHBA. The spatial similarity computation identified those genes where the spatial distribution of their expression closely related to the influence of physical abuse on weighted-degree functional connectivity maps.

As a data-driven strategy, we identified genes with a spatial similarity value higher than two standard deviations of the spatial similarity distribution, consistent with published methods [39]. We subsequently performed a K-means clustering algorithm to group genes with similar spatial distributions in the upper bound of the tail of the distribution. Silhouette identified the optimal number of groups, and a Gene Ontology overrepresentation test evaluated the biological processes associated with the genes located in the upper bound of the tail [50]. We used PANTHER13.1 software and Fisher's exact test with Bonferroni correction to perform the statistical testing (p value < 0.05).

In addition, as a hypothesis-driven strategy, we identified five a priori candidate genes from the literature shown to be implicated in risk for developing psychopathology following ELM exposure (see Supplementary Methods): BDNF, COMT (catechol-O-methyltransferase), CRHR1, FKBP5, and NR3C1 (nuclear receptor subfamily 3 group C member 1 (glucocorticoid receptor gene)). We evaluated if any of these candidates fell in the upper tail of the distribution of spatial similarity values. For candidates located in the upper tail, we tested that the result was not due to chance by generating 10,000 random maps with the same smoothing as our weighted-degree maps and computing the corrected p value for how likely it was to obtain a comparable similarity value as obtained by chance.

Code availability

For qualified researchers, the code for the weighted-degree and link-level neuroimaging analyses will be provided upon request.

Results

Questionnaire scores

For patients with FND, CTQ subtype scores were: physical abuse (mean = 7.6 ± 3.7 ; range = 5–19); physical neglect (mean = 7.6 ± 3.3 ; range = 5–15); sexual abuse (mean = 7.5 ± 5.9 ; range = 5–25); emotional abuse (mean = 12.2 ± 5.8 ; range = 5–24); and emotional neglect (mean = 11.5 ± 5.4 ; range = 5–23). For correlations between trauma subtypes, see Supplementary Table 3. The FND and psychiatric control cohorts showed comparable depression, anxiety, and CTQ subtype scores (see Supplementary Table 4).

Weighted-degree findings

Individual differences in CTQ-physical abuse scores in patients with FND positively correlated with increased weighted-degree functional connectivity in the bilateral amygdala, hippocampi, parahippocampi, perigenual ACC, insula, putamen, posterior thalami, ventromedial prefrontal cortices, dorsomedial and lateral prefrontal cortices, dorsal and ventral visual association areas, lateral temporal areas, temporal poles, primary sensorimotor cortices, and supplementary motor/premotor areas (Fig. 1). These findings held adjusting separately for BDI-II/STAI-total scores, PTSD symptom severity (PCL-5), and motor subtypes, except that correlations between physical abuse scores and left lateral prefrontal and premotor weighted-degree functional connectivity did not remain significant adjusting for PNES subtype (see Supplementary Figs. 1–3). Psychiatric controls did not show statistically significant, whole-brain corrected weighted-degree network architectural profiles correlated to physical abuse scores. See Supplementary Fig. 4 for uncorrected weighted-degree findings in the psychiatric controls.

Correlations between individual differences in CTQ-physical neglect scores in patients with FND and weighted-degree functional connectivity showed similar findings to CTQ-physical abuse, except for the absence of statistically significant findings in the bilateral ventromedial prefrontal cortex, perigenual ACC, inferior frontal gyrus, left premotor, and medial occipital cortices. Findings held adjusting separately for BDI-II/STAI-total scores, PCL-5 scores, and motor FND subtypes, except that correlations between physical neglect scores and right dorsomedial prefrontal weighted-degree functional connectivity did not hold adjusting for PTSD symptom severity, PNES or functional weakness. Psychiatric controls did not show statistically significant, whole-brain corrected weighted-degree network architectural profiles correlated to physical neglect scores. See Supplementary Fig. 4 for uncorrected findings.

There were no statistically significant correlations between weighted-degree functional connectivity and sexual abuse, emotional abuse, or emotional neglect scores in patients with FND.

Link-level connectivity strength findings

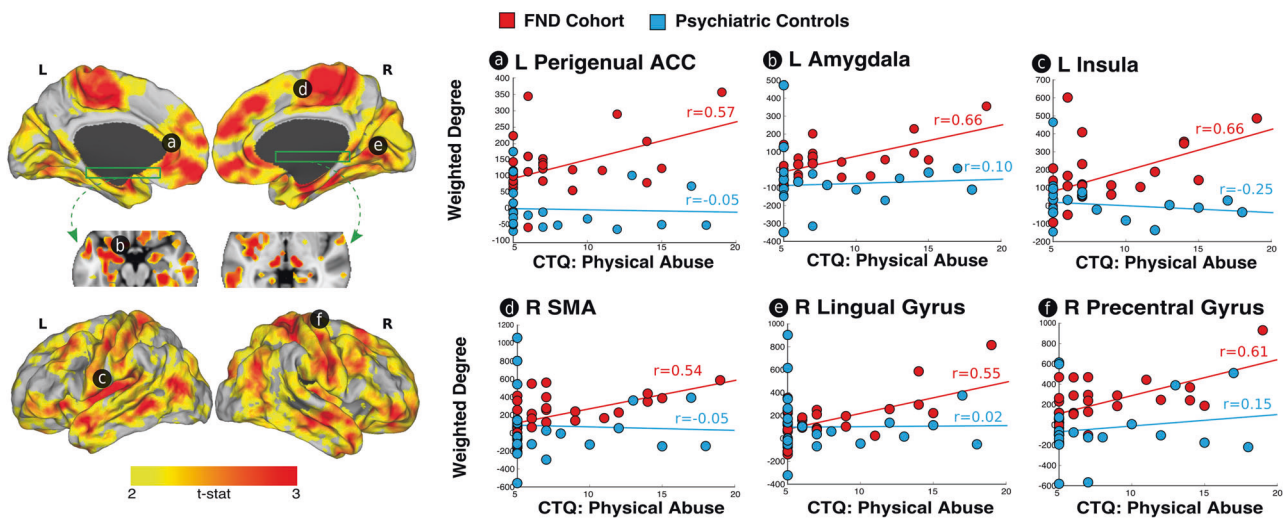
In within-group analyses, left amygdala—bilateral precentral gyri and left insula—bilateral precentral gyri functional connectivity strength each positively correlated with the magnitude of reported physical abuse in patients with FND (Fig. 2). These findings held adjusting separately for BDI-II/STAI-total scores, PCL-5 scores, and motor subtypes. ACC—motor cortex connectivity strength did not correlate with physical abuse scores. Furthermore, in psychiatric controls there were no statistically significant relationships between physical abuse scores and link-level functional connectivity profiles correcting for multiple comparisons. In addition, the above connectivity strength relationships were not found for physical neglect in patients with FND. See Supplementary Figs. 5 and 6 for a complete description of statistically significant physical abuse and physical neglect correlations with link-level connectivity strength values across FND and psychiatric control cohorts.

Exploratory brain organization–gene expression relationships

In the data-driven approach, genes in the upper tail of the spatial similarity values that related to the physical abuse weighted-degree map organized into three distinct gene clusters based on the spatial distribution of expression profiles: cluster 1—bilateral limbic/paralimbic areas; cluster 2—left hemisphere lateralized cortico-subcortical structures; cluster 3—right hemisphere lateralized cortico-subcortical structures (see Fig. 3). Using Gene Ontology annotation analysis based on *Biological Processes*, cluster 1 included genes that were significantly overrepresented in *neuronal morphogenesis* and *synaptic transmission*; cluster 2 included genes linked to *locomotory behavior* and *neuronal generation*; and cluster 3 implicated *nervous system development* and *cell motility* genes (see Supplementary Fig. 7).

Thereafter, evaluating spatial similarities between the physical abuse related weighted-degree map in patients with FND and the spatial distribution of five a priori hypothesized genes, the topological distribution of cortico-subcortical reorganization positively correlated with regional BDNF gene expression profiles (see Fig. 4). Of note, the BDNF gene was present in cluster 1 as detailed above. The distributions of the other four candidate genes did not correlate with the physical abuse weighted-degree maps.

A Weighted Degree Correlated with Childhood Physical Abuse



B Weighted Degree Correlated with Childhood Physical Neglect

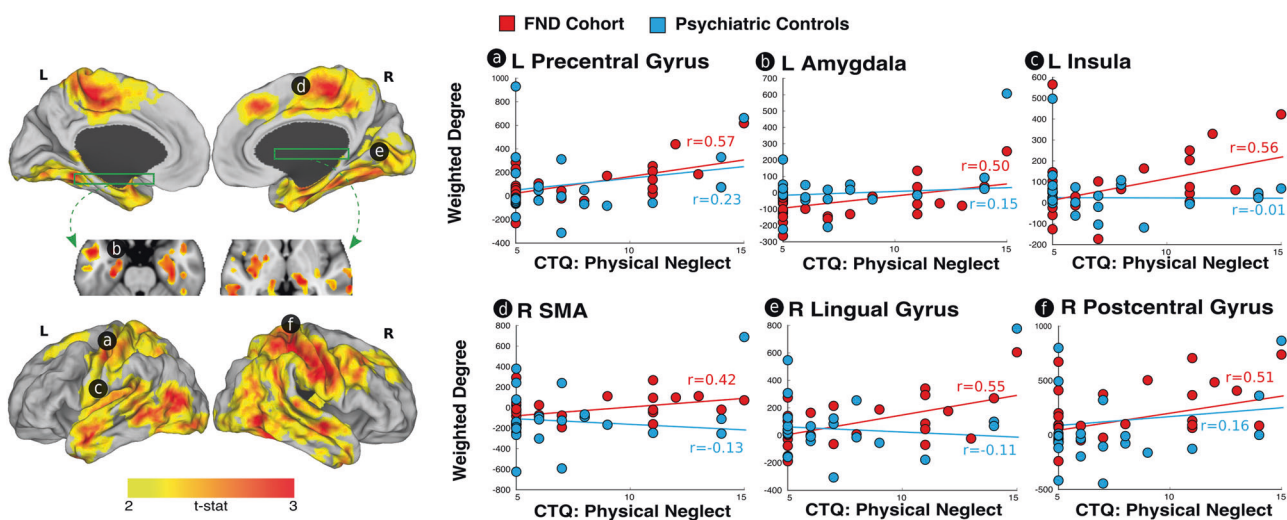


Fig. 1 Physical abuse and physical neglect burden influence the corticolimbic architecture in patients with functional neurological disorder (FND). **a** The correlation between the magnitude of previously experienced early-life physical abuse, as measured by the childhood trauma questionnaire (CTQ), and weighted-degree functional connectivity profiles in patients with FND. Note, for comparison descriptive scatterplots are provided for both the FND cohort and psychiatric controls, however, there were no statistically significant, whole-brain corrected physical abuse related weighted-degree correlations in the psychiatric control cohort. **b** The correlation between

early-life physical neglect and weighted-degree functional connectivity profiles in patients with FND. Again, for comparison descriptive scatterplots are provided for both the FND cohort and psychiatric controls, however, there were no statistically significant, whole-brain corrected physical neglect related weighted-degree correlations in psychiatric controls. All findings are whole-brain corrected for multiple comparisons, and adjusted for age, gender, and antidepressant use. All scatterplots and partial correlations (r values) reflect data using the leave-one-out approach. L left, R right, ACC anterior cingulate cortex, SMA supplementary motor area.

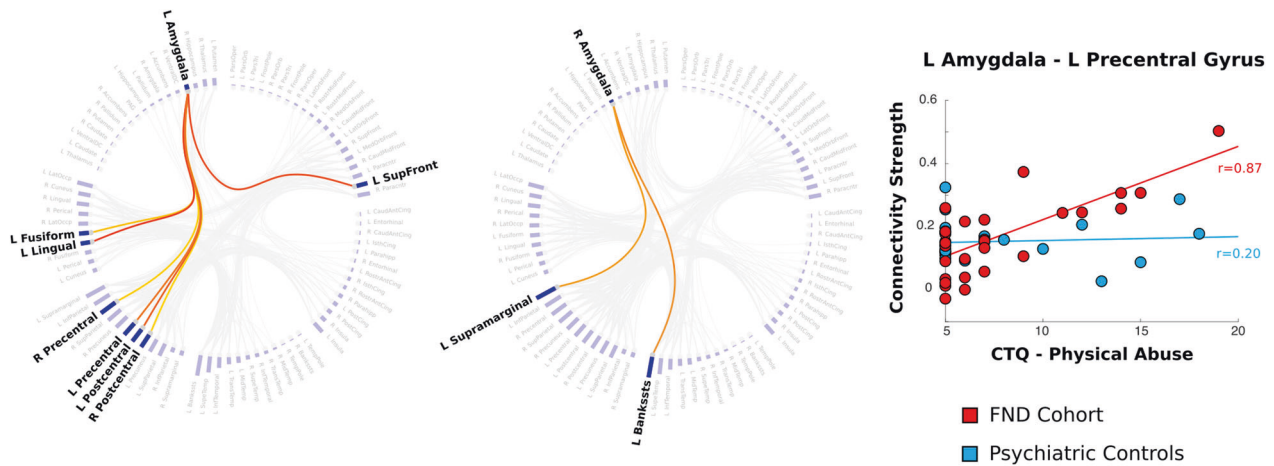
Discussion

In this study, the severity of early-life physical abuse, and to a lesser extent the degree of physical neglect, correlated with corticolimbic weighted-degree functional connectivity in patients with FND; the magnitude of reported sexual abuse, emotional abuse, and emotional neglect did not relate to individual differences in network architecture profiles. Functional connectivity profiles influenced by physical

abuse in patients with FND were found in limbic (amygdalar–hippocampal), paralimbic (cingulo-insular and ventromedial prefrontal), and cognitive control (ventrolateral prefrontal) areas, as well as in sensorimotor and visual cortices. These findings held adjusting for depression/anxiety, PTSD severity, and motor phenotypes. Connectivity strength analyses showed that physical abuse severity positively correlated with amygdala and insula coupling to motor cortices. The above identified brain

Functional connectivity strength correlated with physical abuse

A Amygdalar Connectivity



B Insular Connectivity

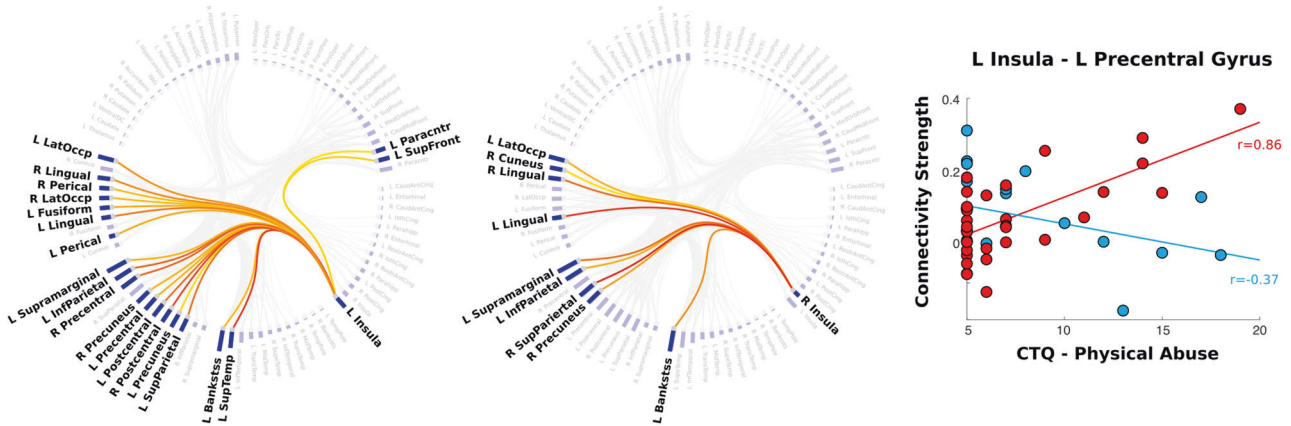


Fig. 2 The magnitude of early-life physical abuse correlates with amygdala—precentral gyrus and insula—precentral gyrus functional connectivity strength in patients with functional neurological disorder. **a** The connectogram of the connectivity strength relationships between the bilateral amygdala and other brain areas that positively correlated with the magnitude of early-life physical abuse, as measured by the childhood trauma questionnaire (CTQ). Consistent with a priori hypotheses, CTQ-physical abuse scores positively correlated with left amygdala—precentral gyrus functional connectivity strength. Note, in psychiatric controls there was no statistically significant relationship between CTQ-physical abuse scores and amygdala—precentral gyrus connectivity strength values. **b** The connectogram of the connectivity strength relationships between the

bilateral insula and other brain areas correlated with the magnitude of physical abuse. CTQ-physical abuse scores positively correlated with left insula—precentral gyrus functional connectivity strength. In psychiatric controls there was no statistically significant relationship between CTQ-physical abuse scores and insula—precentral gyrus connectivity strength values. All findings are whole-brain corrected for multiple comparisons, and adjusted for age, gender, and antidepressant use. All scatterplots and partial correlations (r values) reflect data using the leave-one-out approach. Bankstss indicates banks of the superior temporal sulcus; InfParietal inferior parietal, LatOccp lateral occipital, Paracntr paracentral, Perical pericalcarine, SupFront superior frontal, SupParietal superior parietal, SupeTemp superior temporal.

network–trauma subtype relationships were not robustly observed in psychiatric controls with comparable CTQ scores. In exploratory analyses, AHBA data identified that the spatial expression of three gene clusters overlapped with the physical abuse correlated weighted-degree maps in patients with FND: (i) neuronal morphogenesis and synaptic transmission genes in limbic/paralimbic areas; (ii) locomotory behavior and neuronal generation genes in left-lateralized structures; and (iii) nervous system development and cell motility genes in right-lateralized structures.

Regarding a priori hypothesized genes, regional BDNF expression differences positively correlated with brain areas exhibiting neuroplastic changes linked to physical abuse burden.

Mechanistically, these findings suggest that individual differences in reported early-life physical abuse impact limbic–paralimbic and sensorimotor topology in patients with FND. Consistent with a priori hypotheses, physical abuse severity correlated with motor cortex—limbic/paralimbic (amygdala, insula) functional connectivity strength,

Physical Abuse Genetic Clustering

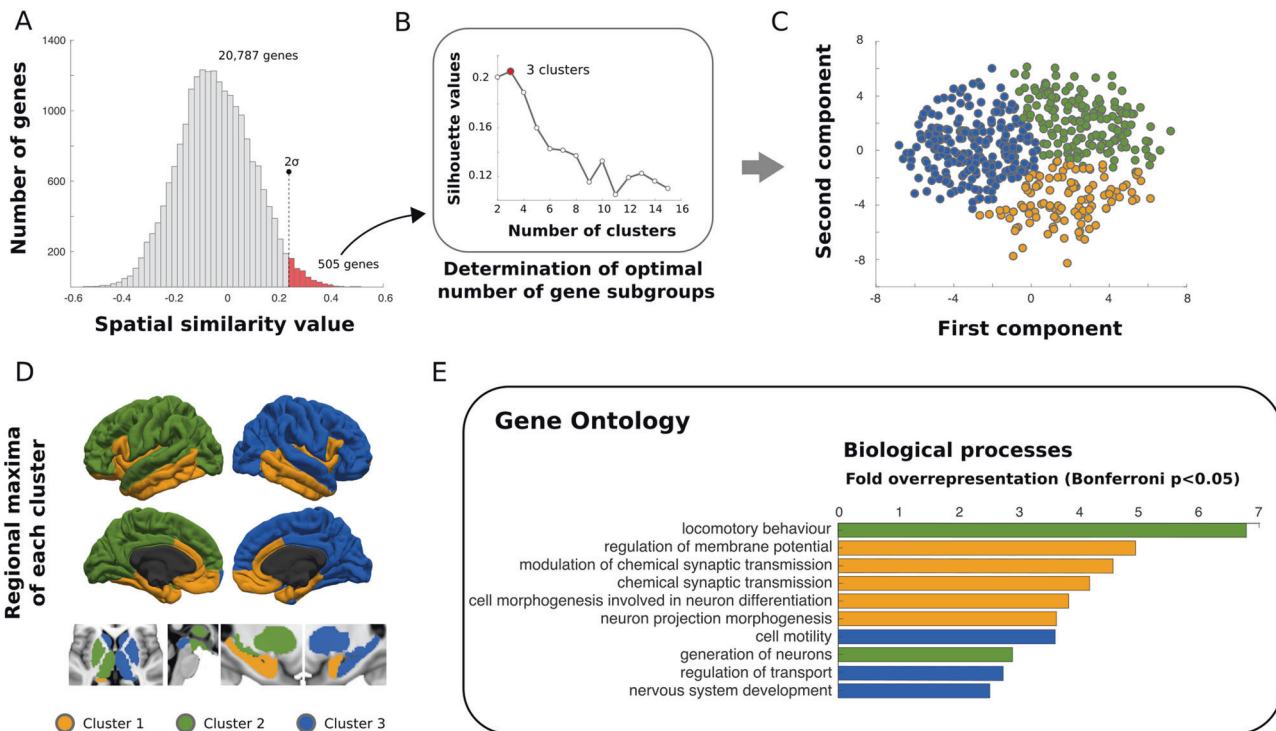


Fig. 3 Clustering of gene expression profiles associated with physical abuse correlated weighted-degree functional connectivity maps in patients with functional neurological disorder. **a** Identifies in the histogram the 505 genes located in the upper tail, representing the subset of regional gene expression profiles that are most similar to the brain areas impacted by physical abuse. **b** The optimal number of gene subgroups computed using silhouette values, and **(c)** a scatterplot with each of the 505 genes color coded based on the group it belongs

to using a principle components analysis. **d** The surface and volume projections are displayed labeling each brain area as part of one of three clusters based on peak maxima gene expression profiles. The three clusters include: (i) bilateral limbic/paralimbic areas; (ii) left hemisphere lateralized cortico–subcortical structures; (iii) right hemisphere lateralized cortico–subcortical structures. Finally, shown in **e** are the gene ontology biological process terms organized by cluster using a Bonferroni correction $\alpha < 0.05$.

suggesting that physical abuse may predispose the central nervous system in some individuals for the development of functional motor symptoms. These brain–trauma relationships advance our understanding of FND and contextualize neuroimaging studies delineating heightened amygdalar connectivity to motor pathways in patients with FND [10, 12–14, 17]. Voon et al. suggested that increased amygdala–motor connectivity represented a marker of heightened limbic influence over behavior [12], which parallels observations that arousal and emotion can amplify functional symptoms. These amygdalar alterations are also consistent with FND patients displaying a negative attentional bias, hyperarousal, and altered stress responses (neuroendocrine and autonomic profiles) linked to ELM [8, 51, 52].

Given the lack of direct anatomical connections between the amygdala and primary motor cortices, increased insula weighted-degree functional connectivity and insula–precentral gyrus connectivity strength correlated to physical abuse severity identifies another important mechanistic pathway [53]. We have previously identified in this cohort

that insula-to-primary motor cortex functional connectivity related to symptom severity [19], a finding also reported by others [18]. Resting-state and task-based insular alterations have also been identified across the spectrum of motor FND [15, 20, 21, 25, 54]. Given that the insula is at the intersection of interoception, multisensory/multimodal integration, salience, and self/emotional awareness [55, 56], and impaired interoceptive accuracy has been reported in FND [57], this study further supports that the insula is an important node in the neurobiology of FND.

In exploratory analyses using the AHBA, brain areas demonstrating physical abuse related functional connectivity changes in patients with FND overlapped with limbic–paralimbic brain areas (cluster 1) that highly expressed genes implicated in neuronal morphogenesis. Within this cluster, BDNF transcript levels were among those genes most highly expressed (see Supplementary Fig. 7). BDNF is important for neuronal development, neurogenesis, and memory functions (including extinction and safety learning), and has neuroprotective effects in the setting of adversity [58, 59]. Two pilot studies in patients

Physical Abuse - Gene Expression Relationship

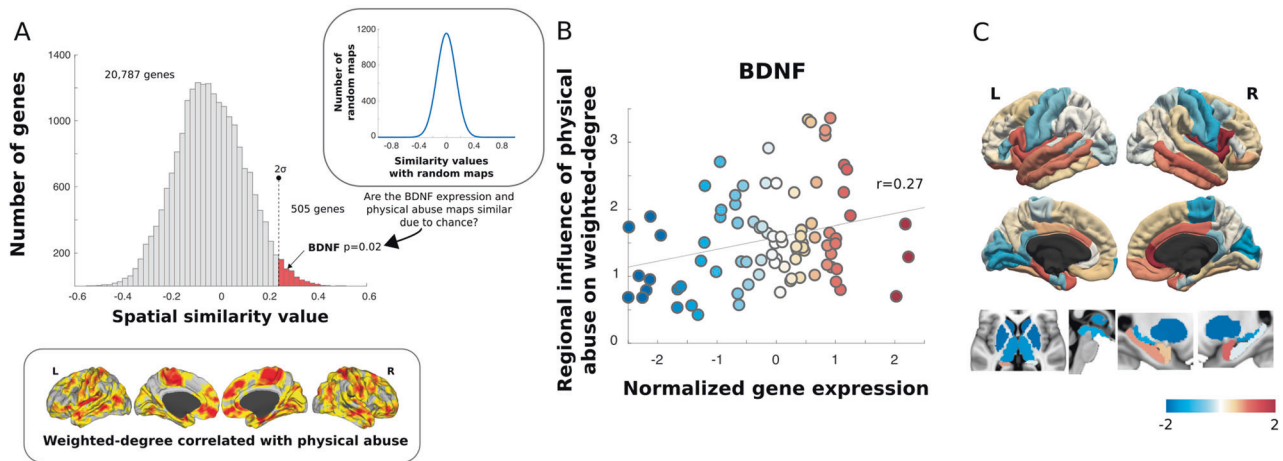


Fig. 4 Spatial similarity between physical abuse correlated weighted-degree functional connectivity maps in patients with functional neurological disorder (FND) and regional brain-derived neurotrophic factor (BDNF) expression. The histogram in **a** shows the similarity of the physical abuse imaging endophenotype in FND patients (copied below the histogram) with the regional expression of 20,787 genes from the Allen Human Brain Atlas. The red bars in the upper tail of the distribution identify genes with a spatial similarity value above two standard deviations from the whole distribution. Regional differences in the expression of BDNF overlapped with brain

areas showing functional architectural changes related to the magnitude of previously experienced physical abuse. **b** A scatterplot of the correlation between normalized BDNF expression values and regional differences in the influence of physical abuse on weighted-degree functional connectivity is shown. Also displayed in **c** are cortical and subcortical images demonstrating the regional differences in BDNF gene expression. Notably, BDNF expression is high in the amygdala, hippocampus, insula, cingulate gyrus, and ventromedial prefrontal cortex, which are the some of the same brain areas exhibiting functional connectivity profiles correlated with physical abuse burden.

with FND showed decreased blood BDNF levels compared with healthy controls [60, 61]. Importantly, ELM has been linked to changes in BDNF expression levels in several psychiatric populations [62]. Amongst its functions, BDNF is thought to be important in connecting ELM and later-life psychopathology (through gene \times environment interactions). For example, the BDNF Val66Met single nucleotide polymorphism, which influences activity-dependent release of BDNF, intensified the relationship between ELM and development of psychiatric disorders [58, 63]. Individuals with the Val66Met polymorphism also show amygdalar and cingulo-insular overactivation during fear processing [64, 65], impaired amygdalar habituation [66], and increased skin conductance responses to threat [67]. These findings link emotion regulation circuit vulnerabilities to BDNF expression. In convergent data from animal models, ELM alters BDNF expression in prefrontal, amygdalar, and hippocampal regions [68]. We speculate that BDNF may play a role in mediating trauma-related neuroplasticity in FND, and future studies should investigate the presence and impact of the BDNF Val66Met polymorphism in patients with FND.

In addition to BDNF, genes implicated in neural development and locomotory behavior that are highly expressed in sensorimotor regions and the amygdala also correlated with the weighted-degree functional connectivity maps linked to physical abuse burden in patients with FND. While genes associated with locomotory behavior were not

part of a priori hypotheses, future work should follow-up on this observation. For example, synaptosomal-associated protein 25, a presynaptic plasma membrane protein, has been linked to physical activity phenotypes [69]. These findings underscore that while genes linking ELM to the later-life development of psychopathology may be important in the pathophysiology of FND, other genes not traditionally considered in trauma-related disorders may also be relevant.

There is debate on how to conceptualize FND, including whether to frame this disorder as trauma-related. For over a century some have supported the etiological importance of ELM, yet not all individuals with FND report early-life abuse or neglect [3]. The removal of the need for an antecedent stressor from the DSM-5 diagnostic criteria further challenged the importance of adverse life events in the assessment of this population. Our laboratory has demonstrated the utility of characterizing individual differences in FND [70], and we contend that for those with severe trauma histories, physical abuse associated corticolimbic architectural changes highlight the need to consider if a subset of individuals with FND have a delayed post-traumatic disorder [4]. Similar to the inherent variability in developing PTSD following traumatic experiences based on a multiplicity of environmental, genetic and epigenetic resilience, and vulnerability factors, we propose that a subset of individuals with FND can be conceptualized using a trauma-related stress–diathesis model [7, 8]. In addition, given that

overlapping brain–trauma subtype relationships were not identified in our psychiatric controls (particularly within sensorimotor areas and the insula, see Supplementary Fig. 4), we speculate that this may suggest that for a similar magnitude of experienced adverse early-life events, neuroplastic reorganization may occur more robustly in patients with FND. This is based in part on observations that brain network–trauma relationships identified in other published non-FND-traumatized populations had sample sizes well above 100 subjects [26, 33]. In addition to replicating our findings, the neural mechanisms guiding acquisition of “limbic scars” in some patients with FND warrants more inquiry.

Limitations include modest sample sizes, psychiatric comorbidities, psychotropic medication use, phenotypic heterogeneity, and sole reliance on patient-reported scales. The CTQ measures “perceived” ELM that is subject to recall bias, and clinician-rated instruments add complementary information [71]. While to our knowledge this is the first neuroimaging study in the FND field to include a psychiatric control group, more research using healthy subject trauma controls and other psychiatric populations are needed to further clarify the specificity of the brain–trauma relationships in FND. In addition, physical abuse and physical neglect scores were correlated in patients with FND, suggesting that more research is needed to disentangle brain–trauma subtype relationships in this population. While most of our findings remained significant across motor phenotypes supporting a transdiagnostic approach, more research is needed to identify potentially meaningful subtype differences [72]. Caution should be taken to not overinterpret negative results, particularly the absence of an association between sexual abuse burden and network architecture as only eight patients reported sexual abuse. In support of the importance of physical abuse, however, meta-analyses have shown that physical abuse has particularly robust effects on the development of FND [3]. Future studies should investigate the biological significance of critical (sensitive) periods in modulating the impact of ELM [73], as well as characterizing the role of recent life events in the pathophysiology of FND. For the exploratory molecular analyses, a limitation is the comparison of FND connectivity maps with gene expression profiles from the AHBA. While the use of this data is highly novel, future data from the postmortem brains of individuals with FND should seek to replicate our findings. Lastly, to investigate a possible “trauma subtype” in FND, studies should concurrently collect behavioral, autonomic, neuroendocrine, genetic, and multimodal neuroimaging data, along with detailed developmental histories [74].

In conclusion, individual differences in reported early-life physical abuse severity correlated with motor–limbic/paralimbic connectivity strength in patients with FND.

Exploratory ELM neuroimaging endophenotype—gene expression findings suggest that molecules involved in stress-related neuroplasticity, neurodevelopment, and locomotory behavior may be important in promoting brain reorganization following physical abuse in this population.

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Compliance with ethical standards

Conflict of interest TRN is funded by a UK National Institute for Health Research (NIHR) Clinician Scientist Fellowship. The views expressed are those of the authors and not necessarily those of the NHS, the NIHR, or the Department of Health and Social Care. DLP has received honoraria for continuing medical education lectures in functional neurological disorder.

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